



*Colegio*  
*Virginia Bravo*  
CORMUN RANCAGUA



# Worksheet number 2 & 3

6<sup>th</sup> Grade  
Mr. Hellman

# Contents and Objectives of This Worksheet



<b>NOMBRE :</b>	<b>FECHA : 08/03/2021 al 19/03/2021</b>
<b>OBJETIVO DE APRENDIZAJE:</b> Familiarizarse con la gramática del presente simple con el propósito de armar oraciones acerca de rutinas alimenticias o de actividad física.	
<b>OA: 05-14</b>	
<b>HABILIDADES :</b> <ul style="list-style-type: none"><li>- Reading</li><li>- Writing</li></ul>	

Hello and welcome to our class.

Durante esta clase y la próxima estaremos puliendo nuestra capacidad escritura a través del aprendizaje sobre el presente simple como herramienta que permita dialogar sobre hábitos saludables.



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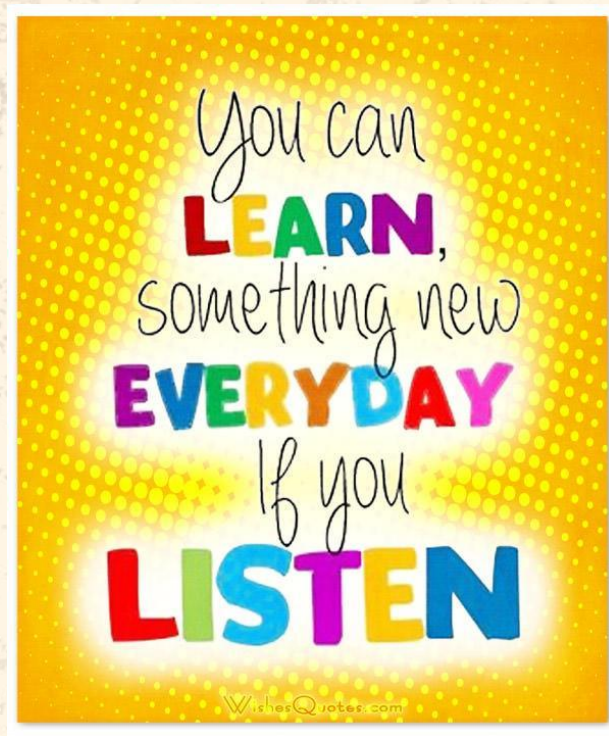
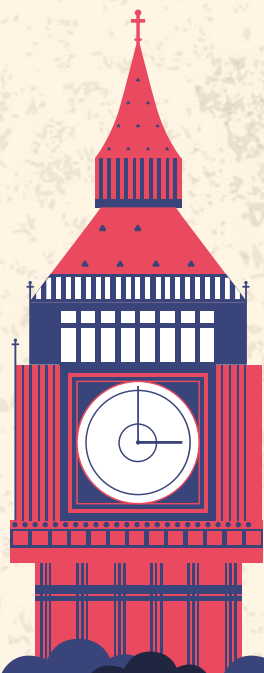
04.

## Present Simple

Writing task





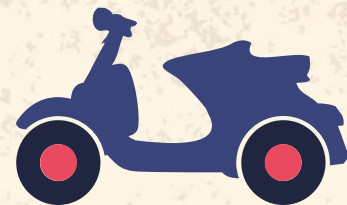
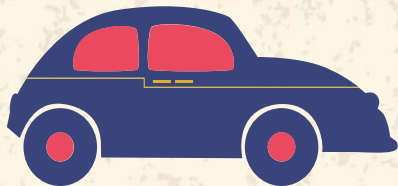




# 01

## Food

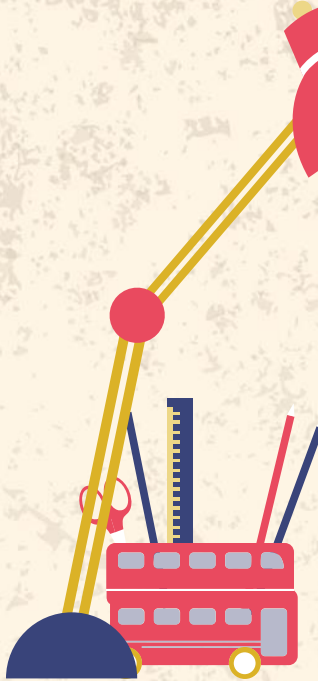
Contextualized vocabulary



Fill in the blanks with the correct words.

breakfast / three / healthy /  
doughnut / apple / strong / dinner /  
toothaches / lunch / overweight

1. I eat \_\_\_\_\_ times a day.
2. In the morning, I have my \_\_\_\_\_.
3. At noon, I have my \_\_\_\_\_.
4. At night time, I have my \_\_\_\_\_.
5. It is important to eat \_\_\_\_\_ foods.
6. Eating healthy foods will keep my body \_\_\_\_\_  
and healthy.
7. Eating lots of fatty and oily foods will make me  
\_\_\_\_\_.
8. Eating lots of foods containing too much sugar will give me  
\_\_\_\_\_.
9. An example of a healthy food is \_\_\_\_\_.
10. An example of an unhealthy food is \_\_\_\_\_.





## What is healthy eating?

Donuts, pizza, hamburgers and ice-cream sound like fantastic things to eat, but are they really healthy? We all like that sort of food, but it can't be part of our regular diet. What should be part of our diet then? Here are a few tips for you:

- The more vegetables, the better (except for potatoes).
- Eat plenty of fruits of all colors like apples, pears and oranges.
- Choose beans and peas as well as fish and eggs for protein.
- Stay away from processed meats like bacon and sausages.
- Don't use too much butter.
- Milk is a good source of calcium and vitamin D.
- Water is always the best choice!



Is it HEALTHY or JUNK food?










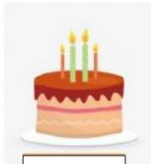






French fries are JUNK food

Bananas are...

Cheese is...

Candies are...

...

healthy	junk	Choose				
						
						
						
						



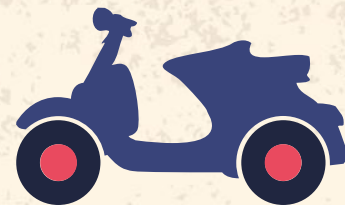
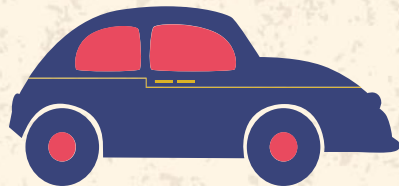


02



# Healthy activities

Getting in touch with Present  
Simple





### **Frequency Adverbs:**

Always: Siempre

Usually: Usualmente

Occasionally: ocasionalmente

### **My Daily Routine**

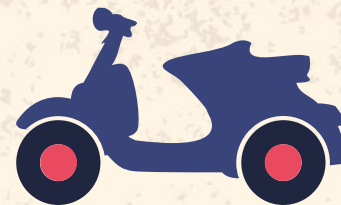
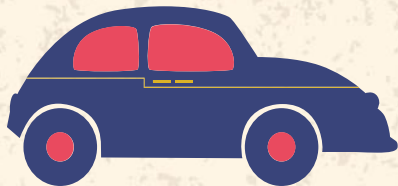
My name is Sergei. I'm fourteen years old. I always wake up at 7 o'clock every day except Sunday. I do morning exercises. I wash, clean my teeth, and comb my hair. Then I have breakfast. In the mornings I like to eat fried eggs or omelette, cheese sandwich and to drink tea. It takes me 10 minutes to get to school. My lessons begin at 8.30. At 2 o'clock the lessons are over. I usually have six or seven lessons a day. I return home at 2 o'clock and have rest. I watch TV and play computer games. I have lunch at 3 o'clock. For lunch, I usually eat some soup, fried or mashed potatoes with cutlets and a piece of cake with a cup of tea for dessert. Occasionally, after doing my homework I go for a walk with my friends. In the evening, I go to the gym. My training lasts for an hour. Dinner consists of fish, meat or chicken, vegetables or some salad and an apple pie. After dinner I read books, newspapers and magazines, chat with friends on the phone. At 10 o'clock I take a shower, brush my teeth and go to bed.



# 03

## Present Simple

Grammar rules





El presente simple es un tiempo verbal que nos ayudará a expresar rutinas, hábitos o generalizaciones.

Se divide en 3 funciones: Afirmación, negación e interrogación

## Afirmación (+)

Normas para el verbo en 3ª persona

Si el verbo termina en...	Se añade...	Ejemplo
Ch – Sh – X – SS - O	...ES	Catch – Catches (atrapar) Fish – Fishes (pescar) Relax – Relaxes (relajarse) Cross – Crosses (cruzar) Do – Does (hacer)
consonante + y	Se elimina la “y” y se añade “ies”	Fry – Fries (freír)
Vocal + y	...S	Lay – Lays (acostarse)
Cualquier otra terminación	...S	Eat – Eats (comer)
Verbos irregulares	Cambian casi en su totalidad	Have – Has (tener)

# Negación (-)

La negación del presente simple nos ayudará, como dice su nombre, a negar oraciones. Sin embargo este punto es muchísimo más fácil, ya que en ningún caso cambiará el verbo, sino que utilizaremos solo verbos auxiliares.

Si, por ejemplo, hablamos del verbo “Walk”, tendremos la siguiente estructura

## Negative

I don't walk  
You don't walk  
He **doesn't** walk  
She **doesn't** walk  
It **doesn't** walk  
We don't walk  
You don't walk  
They don't walk

## Interrogación (?)

La interrogación nos ayudará a solicitar información desde una 2ª persona o sobre una 3ª persona. Los verbos tampoco sufrirán cambios, ya que un verbo auxiliar cumplirá esa labor.

Pronombre personal	Verbo auxiliar
I – You – We - They	Do (du)
He – She - It	Does (das)

Y la estructura es la siguiente

**Do** you study?

**Does** he study?

**Do** they swim?

**Does** she swim?



1. Bob always **drink** / **drinks** tea in the morning.
2. What **do** / **does** she **like** / **likes**?
3. My sister **don't** / **doesn't** play tennis.
4. They often **visit** / **visits** their grandparents at weekends.
5. We sometimes **go** / **goes** to the ice rink.
6. Where **do** / **does** your parents **come** / **comes** from?
7. **Do** / **Does** you **want** / **wants** to go home?
8. I **don't** / **doesn't** watch television after school.

1. Who \_\_\_\_\_ Sally \_\_\_\_\_ in Spain? **(visit)**

She \_\_\_\_\_ her aunt and uncle. **(visit)**

2. \_\_\_\_\_ Tom \_\_\_\_\_ to school by bus? **(go)**

No, he doesn't. He \_\_\_\_\_ to school on foot. **(go)**

3. What \_\_\_\_\_ she \_\_\_\_\_ on TV? **(watch)**

She \_\_\_\_\_ the news but she \_\_\_\_\_ soap operas.  
**(watch)** **(not watch)**

4. \_\_\_\_\_ they \_\_\_\_\_ swimming? **(like)**

Yes, they do, but they \_\_\_\_\_ running. **(not like)**

5. When \_\_\_\_\_ you \_\_\_\_\_ to a football match? **(go)**

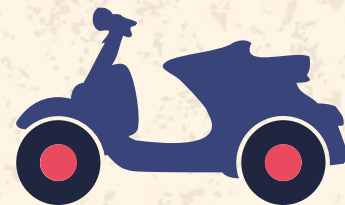
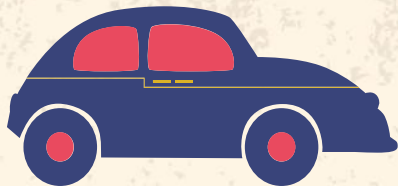
I \_\_\_\_\_ to a football match on Sundays. **(go)**



# 04

## Present Simple

Writing task







1. What time do you get up on weekdays?

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2. Where do you eat lunch?

---

3. What do you do on weekends?

---

4. Where do you go shopping?

---

5. What books or magazines do you read?

---

6. What TV programs do you watch?

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7. Why do you study English?

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8. How do you relax in the evenings?

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# Watch the following video

[https://www.youtube.com/watch?v=aq2ELUdQ0yU&ab\\_channel=Jorgehellman](https://www.youtube.com/watch?v=aq2ELUdQ0yU&ab_channel=Jorgehellman)

## Present Simple Tense

### Affirmative

I live  
You live  
He lives  
She lives  
It lives  
We live  
You live  
They live

### Negative

I don't live  
You don't live  
He doesn't live  
She doesn't live  
It doesn't live  
We don't live  
You don't live  
They don't live

### Interrogative

Do I live?  
Do you live?  
Does he live?  
Does she live?  
Does it live?  
Do we live?  
Do you live?  
Do they live?







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