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# Worksheet number 5

7<sup>th</sup> Grade  
Mr. Hellman

# Contents and Objectives of This Worksheet



<b>NOMBRE :</b>		<b>FECHA : 05-04-2021</b>	
<b>OBJETIVO DE APRENDIZAJE:</b> Profundizar en contenidos sobre feelings y vincularlos a las estructuras del presente simple			
<b>OA: 01-09</b>			
<b>HABILIDADES :</b>			
- Speaking			

Hello and welcome to our class.

Durante esta clase abordaremos parte de las emociones y algunas “cool down strategies” con el fin de que puedas expresar de mejor manera tus emociones y como las enfrentas.



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Writing task

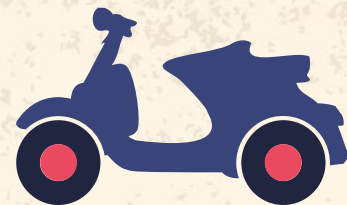
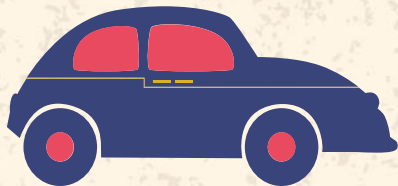


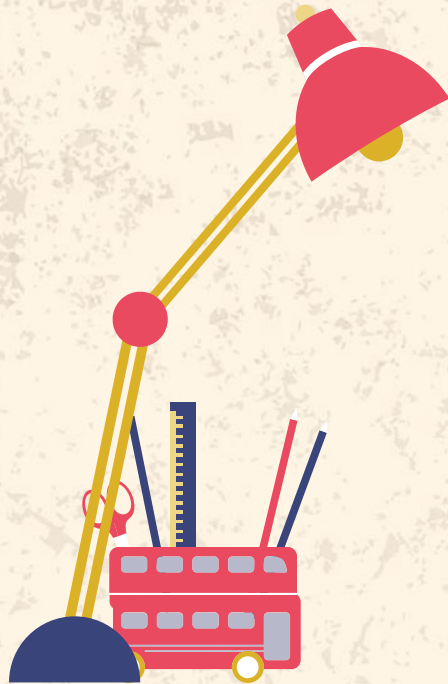


# 01























## Feelings

Opposites





Match the words on the left with their opposites on the right :

 bored	 sad
 hungry	 humble
 energetic	 proud
 nervous	 brave
 happy	 untroubled
 angry	 calm
 malicious	 relaxed
 arrogant	 thirsty
 worried	 excited
 scared	 kind
 ashamed	 tired

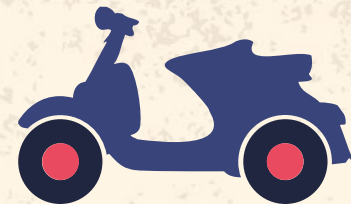
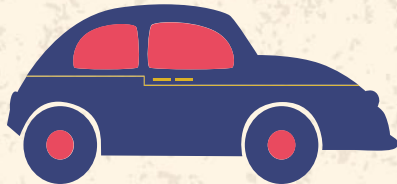




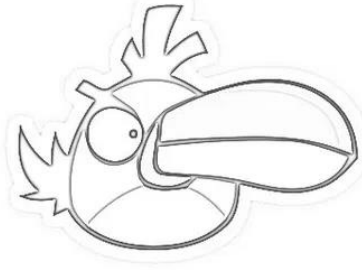
# 02

## Cool down strategies

I'm...



When I am angry, I CAN  
stop and think about how  
my actions will affect me  
and those around me.



How does being an  
angry bird hurt  
myself and others?

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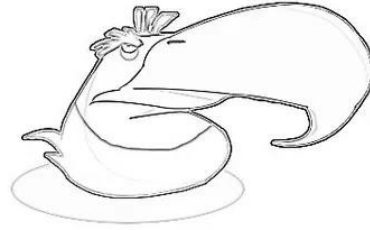
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When I am angry, I CAN ask  
for help to calm down.  
Sometimes an adult will help  
me if I can't calm down on  
my own.



Who are some people  
that can help me calm  
down when I am angry?

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Take a  
Time-  
out



Color  
or  
draw



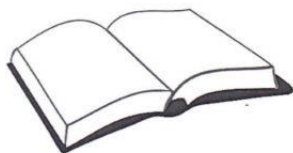
Count to

10

Take a  
deep  
breath



Write  
in journal



Listen to music



Before you speak:

# THINK

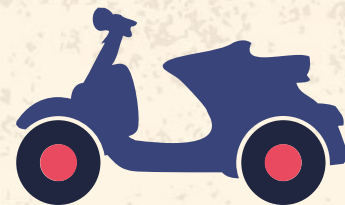
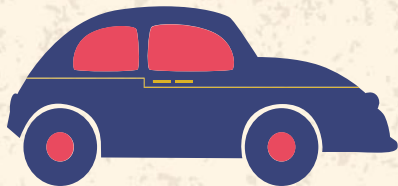
- T - Is it true?
- H - Is it helpful?
- I - Is it inspiring?
- N - Is it necessary?
- K - Is it kind?



# 03

## Present Simple

Grammar rules



El presente simple es un tiempo verbal que nos ayudará a expresar rutinas, hábitos o generalizaciones.

Se divide en 3 funciones: Afirmación, negación e interrogación

## Afirmación (+)

Normas para el verbo en 3ª persona

Si el verbo termina en...	Se añade...	Ejemplo
Ch – Sh – X – SS - O	...ES	Catch – Catches (atrapar) Fish – Fishes (pescar) Relax – Relaxes (relajarse) Cross – Crosses (cruzar) Do – Does (hacer)
consonante + y	Se elimina la “y” y se añade “ies”	Fry – Fries (freír)
Vocal + y	...S	Lay – Lays (acostarse)
Cualquier otra terminación	...S	Eat – Eats (comer)
Verbos irregulares	Cambian casi en su totalidad	Have – Has (tener)

# Negación (-)

La negación del presente simple nos ayudará, como dice su nombre, a negar oraciones. Sin embargo este punto es muchísimo más fácil, ya que en ningún caso cambiará el verbo, sino que utilizaremos solo verbos auxiliares.

Si, por ejemplo, hablamos del verbo “Walk”, tendremos la siguiente estructura

## Negative

I don't walk

You don't walk

He **doesn't** walk

She **doesn't** walk

It **doesn't** walk

We don't walk

You don't walk

They don't walk

## Interrogación (?)

La interrogación nos ayudará a solicitar información desde una 2ª persona o sobre una 3ª persona. Los verbos tampoco sufrirán cambios, ya que un verbo auxiliar cumplirá esa labor.

Pronombre personal	Verbo auxiliar
I – You – We - They	Do (du)
He – She - It	Does (das)

Y la estructura es la siguiente

**Do** you study?

**Does** he study?

**Do** they swim?

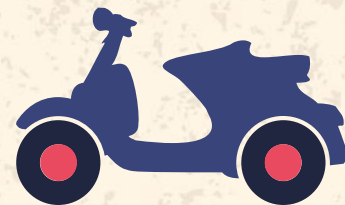
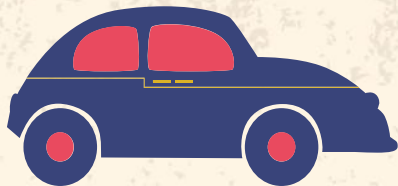
**Does** she swim?



# 04

## Present Simple

Writing task





1. What time do you get up on weekdays?

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2. Where do you eat lunch?

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3. What do you do on weekends?

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4. Where do you go shopping?

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5. What books or magazines do you read?

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6. What TV programs do you watch?

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7. Why do you study English?

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8. How do you relax in the evenings?

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# Exit Ticket

What do you do when you're happy?